

Fraser COVID-19 Policy and Expectations for Outpatient Services

Thank you for choosing Fraser as your trusted provider. We are eager to provide you in-person services. In order to keep all of our clients and staff safe, we would like you to review the following information carefully and follow these guidelines.

General Safety Guidelines

Mask Wearing

We ask all clients and accompanying adults to wear masks during services. We realize some clients might have difficulty wearing masks due to medical needs. We will accommodate client needs accordingly.

Vaccination Guidelines

Since COVID-19 vaccinations are not currently available to people under age 12 and people with certain underlying health conditions, you may interact with individuals at Fraser who are not vaccinated. Our safety practices are designed to minimize risk for all individuals regardless of vaccination status.

COVID-19 Safety and Exclusions

Common COVID-19 symptoms include the following:

- a. **At least one** of the following: fever greater than or equal to 100.4, new onset and/or worsening cough, difficulty breathing, new loss of taste or smell
- OR
- b. **At least two** of the following: sore throat, nausea/vomiting, diarrhea, chills, muscle pain, excessive fatigue, new onset of severe headache, new onset of nasal congestion or runny nose

If any of the following conditions apply, please take the [Exclusion Guide](#) to determine when the client can safely return to in-person services. During the exclusion period, client's appointments can be requested to transition to telehealth by filling out [Appointment Change Request](#) form or contacting Client Services at 612-767-7222.

You may also contact Client Services if you need immediate assistance.

For your convenience, the [Exclusion Guide](#) is located on Fraser.org.

1- Clients experiencing symptoms:

- a. **Client does not test for COVID-19 or tests positive for COVID-19** → Client is excluded from in-person services for at least 10 days since symptoms first appeared. After 10 days, client can return as long as 24 hours have passed since symptoms improve and they have remained fever free without the use of fever medicine.
- b. **Client receives an alternative diagnosis (i.e. strep)** → Client can return based on The guidance of the alternative diagnosis as directed by the medical provider.

- c. **Client tests for COVID-19 and receives a negative test result** → Client can return to in-person services 24 hours after symptoms improve. Client must be fever free for at least one day (24 hours) without the use of fever reducing medications.
- 2- **Household members experiencing symptoms and client cannot separate from the ill household member(s) and they remain in direct contact throughout the illness:**
 - a. **Household member tests for COVID-19 and receives a negative test result or an alternative diagnosis** → Client can return to in-person services as long as they do not have any symptoms
 - b. **Household member does not test for COVID-19 or tests positive for COVID-19** → Client is excluded from in-person services for a total of 24 days. This includes the 10 day isolation period of the ill household member and an additional 14 days of quarantine period for the client. Client must have no symptoms during this quarantine period in order to return at the end of 24 days.
 - 3- **Household members experiencing symptoms and client separates from the ill household member(s) by living in a different household during the illness period:**
 - a. **Household member tests for COVID-19 and receives a negative test result or an alternative diagnosis** → Client can return to in-person services as long as they do not have any symptoms.
 - b. **Household member does not test for COVID-19 or tests positive for COVID-19** → Client is excluded from in-person services for 14 days from the last day of direct contact with the ill household member.
 - 4- **Client is exposed to someone with COVID-19:** Client is excluded from in-person services for 14 days from the last contact with the person who tested positive for COVID-19.

Travel Guidelines

All Fraser clients are asked to follow Center of Disease Control and Prevention (CDC) guidelines for [domestic](#) and [international](#) travels.

When your travel plans are finalized, use the risk assessment tool, [Travel Assessment - Client](#), created based on the CDC guidelines. This assessment will guide you in determining whether a quarantine is necessary.

If quarantine for (7) days is necessary, clients can return to in-person services with a negative COVID-19 test result. If testing is not available, the quarantine period is 10 days per CDC guidelines. For testing options, please refer to [Find Testing Locations in Minnesota / COVID-19 Updates and Information - State of Minnesota \(mn.gov\)](#).

These guidelines are subject to change as COVID-19 situation evolves and we reserve the right to return to telehealth services if it is in the best interest of the clients or staff.