**Access**

**MN Vocational Rehab Services**

**Step 1: Explore Available Resources**

**Counseling, Training, and Job Skills**
If you have a disability that makes it hard for you to get and keep a job, you may be eligible for a variety of counseling, training, job skills and job placement services.

People with Disabilities (Vocational Rehabilitation Services (VRS)) / Minnesota Department of Employment and Economic Development (mn.gov)

Find a Vocational Rehabilitation Services Office
https://mn.gov/deed/job-seekers/disabilities/find-vrs/

VRS Student Pre-Employment Transition (Pre-ETS)
Video: https://youtu.be/VBhOmM5qhsA
- Job Exploration
- Work Experience
- Work Readiness Training
- Training or College Exploration
- Self-Advocacy Training

VRS Directory of School Representatives:
https://mn.gov/deed/job-seekers/disabilities/youth/contacts

**STEP 2: ASK QUESTIONS**

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>FRASER MEET &amp; GREET</th>
<th>VOCATIONAL REHAB SERVICES</th>
</tr>
</thead>
</table>
| Contact your school IEP Manager to invite VRS to your IEP team | Tuesdays 2:00 pm – 2:30 pm Join Zoom Meeting https://zoom.us/j/93610007793?pwd=bkpZN0ZrS31VUTdOYXBNF00Xc1dz09 Meeting ID: 936 1000 7793 Passcode: 996944 | ✦ Contacting a local office per your home zip code
✦ Speak to a representative or leave a message that you are interested in receiving supports to go to college or work
✦ Leave your full name and phone number
✦ Be sure to answer your phone and reply to their messages |

Disability Hub MN - For Families
1-866-333-2466
www.disabilityhubmn.org
- Health
- Housing
- Independence
- Benefits
- Supports

Disability Hub MN - For Families
https://education.mn.gov/MDE/fam/
- Early Learning
- Family and Community Resources
- Career and College Readiness (HS)
- Health and Safety
- Programs and Initiatives
- School Choice