

## Early Beginnings Telehealth

# Resources for families in outstate Minnesota

Fraser Early Beginnings Telehealth is a virtual interactive, play-based therapy to support parents or caregivers who have a young child with autism spectrum disorder or social and communication concerns. Children, birth to 48 months, are recommended into the program based on a clinical evaluation.

Experienced Fraser clinicians provide therapy and parent or caregiver coaching, using developmentally tailored strategies to support your child's communication, play and social engagement.



Sessions will be conducted in the family home and include a structured curriculum as well as techniques to implement into daily living routines with your child. "An Early Start for Your Child with Autism" is provided to parents or caregivers and used to guide sessions.

Evidence shows early intervention can result in dramatically positive outcomes.

### WHAT YOU CAN EXPECT

For 12 sessions parents or caregivers will log in remotely through the telehealth portal.

A Fraser clinician will support the family to identify the appropriate next steps based on the child's individual strengths and needs.

For more information, or to schedule an appointment, call Fraser Appointments and Clinics at **612-767-7222**.